

## PROFESSIONAL DEVELOPMENT

### OTHER SERVICES

In addition to professional development services, Development Without Limits can assist with program design and management, curriculum and materials development, and training and promotional video production. Past projects include:

- Directing Project Unity, an arts-based summer internship program for teens;
- Developing Healthy Children, Healthy Futures, an afterschool curriculum for middle school students designed to educate about health and nutrition through media production;
- Editing the PASEsetter, the newsletter of the Partnership for Afterschool Education;
- Producing training and promotional videos for LA's Best Afterschool Enrichment Program.
- Developing guidebook for The Heroes in Our Lives, an afterschool initiative in the City of New Haven
- Developing and Designing Youth Mapping curriculum for Youthline America, Inc
- Developing afterschool facilitator guide for My Hero, a website where young people can create their own web page about someone they admire.

### CLIENTS

Development Without Limits has worked with many local and national organizations, including:

Anti-Defamation League  
The BELL Foundation  
Boys and Girls Clubs of America  
Bright Horizons  
Brooklyn Botanic Garden  
Brooklyn Children's Museum  
Brooklyn College Community Partnership  
Brooklyn Public Library  
Center for Summer Learning at Johns Hopkins University  
Child Care, Inc.  
Children's Hospital of New York / Columbia University  
Christian Children's Fund  
Citizens for NYC  
City University of New York  
Community Association of Progressive Dominicans  
Cypress Hills Local Development Corporation  
Developmental Studies Center  
Educators for Social Responsibility  
The Fund for The City of New York  
Good Shepherd Services  
Grand Street Settlement  
Harlem RBI  
Inwood House

LA's BEST After School Enrichment Program  
Jamestown Public Schools  
Lincoln Square Business Improvement District  
Los Angeles Unified School District  
Mentoring USA  
Mosholu Montefiore Community Center  
The My Hero Program  
New Haven Free Public Library  
New York City Dept. of Education  
New York University  
New Settlement After School Program  
New York City Parks and Recreation Department  
Partnership for After School Education  
Police Athletic League  
South Asian Youth Action  
Sports and Arts in Schools Foundation  
Strang Cancer Prevention Center  
The After-School Corporation  
Union Square Partnership  
Youthline America  
YWCA of Jamestown

### What People Have To Say About Development Without Limits & Eric Gurna, Executive Director



"Development Without Limits brings to all who work with them a toolbox of youth development knowledge, experience in the arts, strategic planning skills and hot ideas that never violate common sense. They set the bar high for all who work with them to think creatively and strategically within tight budget constraints."

Carla Sanger, President/CEO  
LA's BEST After School Enrichment Program  
Los Angeles, CA

"Eric is a thinker and an innovator, as well as a stunning presenter. There's no one I trust and respect more in the field."

Fran Chamberlain, AfterSchool KidzLit Director Developmental Studies Center, (ret.)  
Oakland, CA

"Eric is a creative and intuitive designer of professional development workshops who understands the implications quality training has for the after-school field. By offering dynamic workshops that engage large numbers of diverse after-school staff, his team helps us ensure that participants have an enriching and exciting after-school experience each day."

Lucy Friedman, President  
The After-School Corporation,  
New York, NY

"I believe our teachers and public schools in Baltimore have benefited greatly from our ongoing partnership with Development Without Limits. I consider their trainers to be on the leading edge of work in the field of integrating youth development and education."

Ron Fairchild, Executive Director  
Center for Summer Learning Johns Hopkins University Baltimore, MD

Eric Gurna and Development Without Limits provide vital resources to children and parents. Their high quality training, resource materials and evaluation tools make the Healthy Children, Healthy Futures Mentoring USA initiative accessible to at-risk families in New York City and contributes to stemming the childhood obesity crises.

Matilda Raffa Cuomo, Founder & Chair  
Mentoring USA  
New York, NY

**Eric Gurna, Executive Director**  
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development  
without limits

"We must become the change we want to see in the world."

- M.K. Gandhi

### Mission

The mission of Development Without Limits is to provide dynamic and challenging learning experiences for young people and adults. Development Without Limits works with community-based organizations, afterschool and summer programs, schools, and other educational institutions in developing curriculum and training staff.

## Approach

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The philosophy of Development Without Limits is based on the idea that people learn best and are most productive when they are interested and engaged in what they are doing, and when learning itself feels meaningful. For this kind of engagement to occur, activities need to be dynamic and based upon the skills, interests, and ideas of the participants. This means that we approach each project as something new, tailoring programs, curriculum, and staff development to meet the unique needs of your organization. We can work with you in any of the following areas:

- Staff Development
- Program Design and Management
- Curriculum Development and Design

## Staff Development

### Child and Youth Development

Workshops and consulting on issues related to working with young people can be tailored to meet the needs of your organization. Possible topics include:

- **Positive Discipline I**  
*How to Work With Kids and Not Be Mean*
- **Positive Discipline II**  
*How to Keep Your Cool Under Stress*
- **What's With the Attitude?**  
*How to Successfully Deal With "Difficult" People*
- **Creative Chaos**  
*Effective Group Management Skills*
- **Understanding Young People**  
*The Ages and Stages of Child and Youth Development*
- **Telling It Like It Is**  
*Facilitating Engaging Discussions and Activities With Teens*
- **Seeing Our Choices, Using Our Voices**  
*Helping Kids to Resolve Their Own Conflicts Their Own Way in Their Own Words*
- **A Living Curriculum**  
*Creating Program Activities Based On The World Around Us*
- **Go Team!**  
*Leading Effective Teambuilding Games*
- **Coaching the Coaches**  
*Coaching and Mentoring Young People and Adults*
- **Don't Just Sit There...Do Something!**  
*Encouraging Physical Activity Among Young People*
- **Everyone is An Artist**  
*Integrating Creative Activities Into Every Aspect of Your Program*

### Literacy & Math Enrichment Curriculum

Working closely with the Developmental Studies Center, we provide professional development for two exciting, research-based afterschool programs:

- **AfterSchool KidzLit** helps motivate kids (grades K-8) to learn by showing them that reading isn't just something they do in school, but something that has real value in every part of their lives.
- **AfterSchool KidzMath** is an engaging program designed to provide opportunities for children in grades K-6 to use mathematics in settings outside of the classroom. The games and activities help children learn key math skills while having fun.

### Workshops for Youth Employees

Development Without Limits provides workshops for teens on topics related to workplace and career readiness, higher education, positive youth development and more. Topics include:

- **Program Orientation**  
*Getting to Know Your Job & Your Colleagues*
- **Workplace Readiness**  
*Communicating Professionally and Managing Your Time*
- **Financial Literacy**  
*Understanding and Managing Your Money*
- **Health Education**  
*Making Healthy Choices*
- **Higher Education Exploration**  
*Considering Your Options for College*
- **Career Exploration**  
*Imagining Your Future*
- **Reflection and Analysis**  
*Looking Back & Moving Forward*
- **Getting to Work I**  
*Resume and Cover Letter Writing*
- **Getting to Work II**  
*Job Hunting and Interviewing Techniques for Winners*
- **Say It Loud**  
*Effective Public Speaking*
- **Stand Tall**  
*Serving as a Role Model for Younger Children*
- **Keeping Your Cool at Work**  
*Conflict Management*
- **Understanding Children**  
*Introduction to Child Development*
- **Follow the Leader**  
*Working with Groups of Children*

### Resources and Trainings for Summer Youth Employment Programs

Development Without Limits can help your organization create a dynamic and successful educational component for your Summer Youth Employment Program (SYEP). We can design and facilitate workshops directly for your youth employees, provide professional development to staff who work with youth employees, or simply provide our SYEP Journal and Guidebook, which helps guide young people through a productive summer and other materials to help staff facilitate their own workshops.

## Leadership, Management & Communication

Workshops and consulting on how to effectively work within organizations and other types of groups can be tailored to meet the needs of your organization. Possible topics include:

- **Positive Collaboration**  
*How to Work With Adults and Not Be Mean*
- **Follow Your Nose**  
*Leading With Vision and Integrity*
- **What Lies Within**  
*Us Building a Strong Community of Learners*
- **No More Boring Meetings**  
*Facilitating Dynamic Groups*
- **The Workshop Workshop**  
*Designing and Facilitating Engaging Staff Development*
- **Coaching the Coaches**  
*Coaching and Mentoring Young People and Adults*
- **Retreats**  
*There are times when it's helpful to get away from your daily surroundings in order to work on various organizational issues. Retreats are an excellent way to renew commitment and re-establish direction within your organization. Development Without Limits will design, plan, and facilitate a retreat specifically tailored to address your organization's needs, including helping your group create organizational and programmatic visions, develop goals and strategies, explore issues, and foster collaborative processes for your group.*

## Development Without Limits presents Art Without Limits

Educational initiatives for afterschool programs that focus on giving all young people access to artistic understanding, appreciation and expression.

Art Without Limits includes professional development for staff and direct services for young people, which take place at program sites over a semester or program year. Options are:

- **A Life in Art**  
*Helping Young People Consider Their Options for Arts Education and a Career in the Arts*
- **Art Walks, Art Talks**  
*Exploring the Cultural Resources of New York City*